

## The Pathways experience—

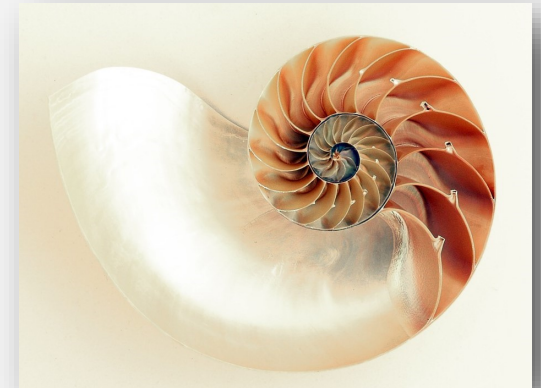
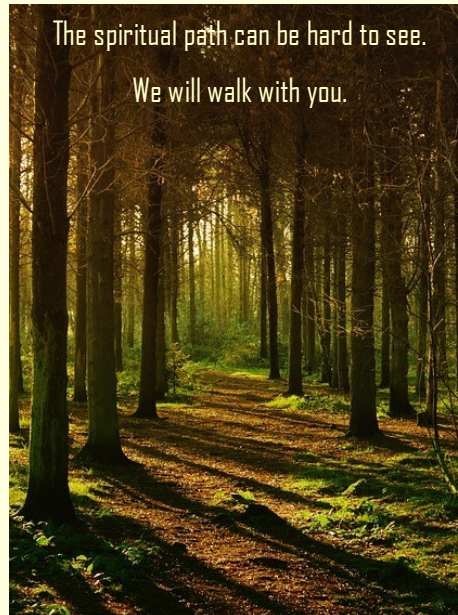
engages the whole person—your intellect and your heart, your memories and your imagination, your gifts and your struggles—in a walk toward deeper intimacy with Jesus. Every participant is partnered with a compassionate companion to guide you along the way.



This program is based on the “original” version of the spiritual exercises of St. Ignatius, a set of practices woven together to lead us toward greater love, compassion, and spiritual freedom.

## This Retreat Offers:

- + A path toward God's intimate and unconditional love
- + A new awareness of God in all things—in all people, in all creation, in every human experience and especially in the person of Jesus
- + A community of others to share the journey
- + Weekly guidance from a certified prayer guide



God dwells in all creatures:  
in the elements giving them  
existence, in the plants giving  
them growth,  
in the animals conferring on  
them sensation,  
in humans giving them  
understanding.

I ponder how the Divine dwells  
in me --

~ Ignatius of Loyola

The Program begins  
September 18, 2019

19 Weekly Gatherings  
at  
Mercy Spirituality Center  
Wednesdays, 5:30 - 7:00 pm



Ready to begin?

Call 585-473-6893

Or email:

[hrockwell@mercyspiritualitycenter.org](mailto:hrockwell@mercyspiritualitycenter.org)

Questions?

Call us!

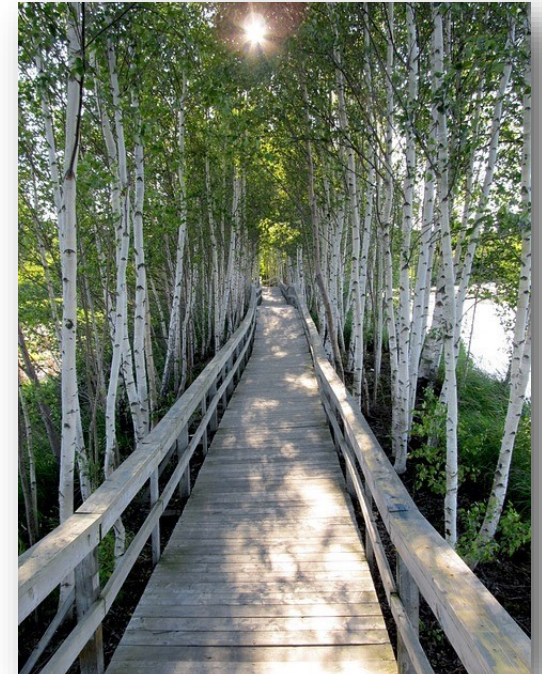


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Mercy Spirituality  
Center



Pathways to Spiritual  
Freedom

*an experiential walk with  
Jesus based on the original  
Spiritual Exercises of St.  
Ignatius.*